

## I am Ready to Go to School.....

These are our best hopes for children as they leave Daisy and Rainbow and head off to start their new adventure at school:



To happily separate from you, their parent or carer, as they go to school

To be good listeners

To show interest and enthusiasm for play and learning

To be confident and secure in asking for help and sharing their thoughts and ideas

To be able to take turns and share in their play

To be caring and respectful of others and the world around them

To know how to keep themselves safe

To feel good about themselves and their achievements

To be ready, curious and keen to learn

## You can help your child at home by.....

Having a good bedtime routine with your child – i.e. bath, book, cuddle...and bed by 7pm

Sharing family mealtimes sat together around the table sharing in conversations about your day

Singing nursery rhymes and songs, reading books and making up stories together

Encouraging your child to tidy up their own toys and bedroom

Encouraging your child to be independent by putting on their own coat and shoes, washing hands before mealtimes and after using the toilet, wiping their own bottom and blowing their own nose

Letting them have lots of fun playing with friends at home or in the park, learning to share, take turns and listen to others

Writing a shopping list then enjoy going to the shop together, noticing numbers and letters, counting tins of beans

Enjoying the outdoors - jumping in puddles, climbing, playing ball, noticing shapes, colours, textures, enjoying the seasons

Having positive, happy conversations about school - 'big school' could be scary words for your child

Saving the excitement of wearing the new uniform until the first day of school

Trying not to show any anxieties you may have - share them with us instead

Having lots of fun together!